



Bachelor of Science in Health Psychology

Northwestern Bachelor of Science in Health Psychology students receive the theoretical background for examining how behavioral, cultural, psychological, and social factors influence health and wellness. Students focus on the role of stress and lifestyle choices and how these impact our well-being—and learn about interventions for stress and pain used in the helping professions, hospitals, and community education programs.



Adult Undergraduate

Contact us

unwsp.edu/au
651-631-5200 | 888-362-8715
auadmissions@unwsp.edu

Program Highlights

- Coursework can be completed in under two years
- Offered fully online
- Faculty are both educators and practitioners in the field of health psychology
- Focus on identifying behaviors that contribute to stress, pain management, and wellness
- Capstone project allows students to integrate coursework and continue research in a specific area of interest in preparation for further career opportunities or graduate study

Career Opportunities

With a Health Psychology degree, you will be prepared for roles in a variety of settings, such as:

- Autism support & services
- Healthcare
- Individual & family services
- Psychiatric & substance abuse centers
- Rehabilitation centers
- School psychology

Note: Roles in some settings may require additional education or training.

B.S. in Health Psychology

Required Health Psych. courses — 36 credits

Abnormal Psychology.....	3
Foundations for Ethics	2
Foundations of Health Psychology.....	3
Health Promotion Through the Lifespan	3
Health Psychology Capstone	4
Pain Management Strategies	3
Principles of Counseling.....	3
Professional Ethics	2
Social Science Research Methods	2
Social Science Statistics I	3
Social Science Statistics II.....	3
Stress Management Strategies	3
Worldview and Ethics	2

See the College of Graduate, Online, & Adult Learning catalog at unwsp.edu/catalog for detailed course descriptions.

Courses and curriculum are subject to change.

Program Details

Completion timeframe 18–22 months

Course delivery Fully online

Credits required for graduation 125

Credits required 36

Program cost unwsp.edu/aucosts

Available Minors

Business Management, Communication Studies, Ministry, Psychology



COLLEGE OF
**GRADUATE, ONLINE,
& ADULT LEARNING**

ADULT UNDERGRADUATE
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