

Personal Assessments

The University of Northwestern—St. Paul's Career & Leadership Development team offers a variety of assessments to assist students in identifying their God-given personality, interests, strengths, skills, and values. Like a snapshot, each assessment reveals one angle of an individual's unique design and provides a good starting place to explore career options and direction.

*Schedule an [appointment](#) through Handshake with a career coach prior to selecting one of these assessments.

Strong Interest Inventory

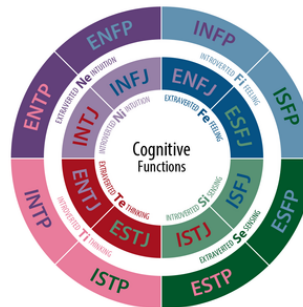
- Best assessment to help determine work-related interests.
- The value in taking this assessment is in meeting with a certified coach to discover possible careers and majors that align with your interests while making connections to important information.
- This assessment costs **\$20**.



If you are interested in taking this assessment, please email career@unwsp.edu.

Myers-Briggs Type Indicator (MBTI)

- Renowned assessment used by individuals and teams to understand how they function when it comes to taking in, processing information, and making decisions.
- Helpful in understanding a "best fit" when considering specific roles and environments.
- This assessment costs **\$25**.



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5 Voices

- Designed to help every individual discover their leadership voice and be empowered to use it effectively.
- Helps teams allow individuals to securely operate in their own voice.



TruMotivate

- Using your own stories, the assessment will help you understand how God has uniquely designed you and explore your inner motivation. This will help individuals define their sense of purpose and set their aims on work they will find meaningful.



Additional Assessments

Here, you'll find assessments that our coaches aren't certified in, but they still offer valuable insights. These assessments can provide additional perspective and help complement the results of other assessments. Dive in to gain more insights and enrich your understanding!

Enneagram:

- Understand your motivations and behaviors through this assessment, which identifies one of nine personality types.
- Gain insights into your unique traits and tendencies, helping you navigate relationships and personal growth opportunities.



DISC Personality Assessment:

- Explore your communication style and behavioral preferences with the DISC personality test; Discover whether you lean towards Dominance, Influence, Steadiness, or Conscientiousness.



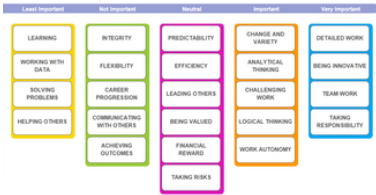
Spiritual Gifts:

- Identify your spiritual gifts and talents, guiding you towards fulfilling roles and opportunities.



Career Value Card Sort:

- Assists in figuring out your career values which in turn helps: assess your current work situation, and plan for the future.



CliftonStrengths (formerly StrengthsFinder):

- Identify your talents and apply a strength-based approach to further development.
- The test results will provide you with an in-depth report and results on your abilities.
- This assessment costs **\$25** and can be purchased on the CliftonStrengths website.

